

DEKALB COUNTY PUBLIC LIBRARY

Celebrates



**OLDER
AMERICANS
MONTH**



AGING UNBOUND: MAY 2023



a place to grow

May 1–12

DeKalb County Senior Olympics

DeKalb County Recreation, Parks, and Cultural Affairs will host the DeKalb County Senior Olympics, May 1–12, at venues across the county. For more information, visit www.dekalbcountyga.gov/parks. If you have questions regarding online registration, contact 404.371.2711.

**Wednesday
May 3**

11:00 a.m.–12:30 p.m.

Music and Memory

Sing and dance to musical favorites. This program will offer tips for families and caregivers who are caring for family members that are homebound or experiencing memory loss. Registration required. For more information, call 404.508.7190, ext. 2257.

Decatur Library

215 Sycamore Street, Decatur, GA 30030 • 404.370.3070

**Wednesdays
May 3–June 7**

12:30–1:30 p.m.

Stand-Up Comedy for Seniors

Join Mandy Butler of Queen City Comedy for a 6-week series of virtual stand-up classes for seniors. The series will culminate with an in-person show where each participant will perform a 3–5 minute set. Registration required.

Virtual Library

Check our online calendar at dekalblibrary.org/events for more info.

**Wednesdays
May 3, 17, 31**

1:00–3:15 p.m.

Senior Cinema Series

Celebrate Older Americans Month by joining us every other Wednesday in May to watch a timeless classic movie.

Wednesday, May 3: *Green Book* (2018). Rated PG-13. 2h 10m.

Wednesday, May 17: *A Raisin in the Sun* (1961). Rated TV-PG. 2h 7m.

Wednesday, May 31: *To Kill a Mockingbird* (1962). Rated NR. 2h 9m.

County Line-Ellenwood Library

4331 River Road, Ellenwood, GA 30294 • 404.241.1668

**Saturday
May 6**

11:00 a.m.–12:30 p.m.

Cherokee Basket Weaving

Presented by Elisabeth Schreiberfeder. Learn how to weave your own basket. This will be a guided instruction with participant taking home their own creation. Class limit 10. Registration required.

Toco Hill-Avis G. Williams Library

1282 McConnell Drive, Decatur, GA 30033 • 404.679.4404

**Tuesday
May 9**

10:30 a.m.–Noon

Be Your Own Travel Guide

Learn the nuts and bolts of traveling before your holiday vacation. We will walk through useful resources and help you build an itinerary for your next trip.

Redan-Trotti Library

1569 Wellborn Road, Lithonia, GA 30058 • 770.482.3821

Tuesday
May 9

11:00 a.m.–Noon

Senior Bingo

Will you be a winner? Join in the fun! Registration required.

Hairston Crossing Library

4911 Redan Road, Stone Mountain, GA 30088 • 404.508.7170

Tuesday
May 9

2:00–4:00 p.m.

Jewelry Making for Seniors

Calling all creative seniors! Instructor Virginia Milner will show you how to create a unique piece of jewelry. Registration required. Class limited to 10 participants. Support provided by Friends of the Toco Hill-Avis G. Williams Library.

Toco Hill-Avis G. Williams Library

1282 McConnell Drive, Decatur, GA 30033 • 404.679.4404

Wednesdays
May 10, 17, 24

1:00–2:00 p.m.

Northlake on the Lawn Concert

Join us in the Northlake-Barbara Loar Reading Garden for live music by local artists. Bring your lawn chairs or picnic blankets for seating. Food and non-alcoholic beverages welcomed. Support provided by Friends of the Northlake-Barbara Loar Library.

Northlake-Barbara Loar Library

3772 LaVista Road, Tucker, GA 30084 • 404.679.4408

Thursday
May 11

10:30–11:30 a.m.

Job Search Assistance

Looking for a new job or interested in updating your resume? Staff will be available in the Technology Center to help guide you with job searching, job applications, resumes, and cover letters. Registration required.

Hairston Crossing Library

4911 Redan Road, Stone Mountain, GA 30088 • 404.508.7170

Thursday
May 11

11:00 a.m.–Noon

Senior Bingo

Join us for some fun as we play B-I-N-G-O games. Prizes awarded. Support provided by Friends of the Northlake-Barbara Loar Library.

Northlake-Barbara Loar Library

3772 LaVista Road, Tucker, GA 30084 • 404.679.4408

Thursday
May 11

Noon–1:30 p.m.

Line Dancing: Grooving in the Blooms

Ready to move and groove? Jahmir Ward will teach you some new moves to go along with the old dance moves. Open to 15 participants. Registration required. Support provided by DeKalb Library Foundation.

Lithonia-Davidson Library

6821 Church Street, Lithonia, GA 30058 • 770.482.3820

Thursday
May 11 & June 1

1:00–2:00 p.m.

Chair Exercises for Seniors

Join fitness instructor John Lewis to learn how to exercise from the comfort of a chair. Consult with your physician before starting any new health care routine. Registration required.

Stone Mountain-Sue Kellogg Library

952 Leon Street, Stone Mountain, GA 30083 • 770.413.2020

Friday
May 12

2:00–4:00 p.m.

Artsy Afternoon with Ms. Melva: String Art

Local artist and crafter Melva Warner will guide participants in creating a decorative string art piece. Support provided by DeKalb Library Foundation. Registration required.

Northlake-Barbara Loar Library

3772 LaVista Road, Tucker, GA 30084 • 404.679.4408

Saturday
May 13

11:00 a.m.–2:00 p.m.

Creative Expressions Crocheting Group

Have an interest in crocheting? Whether you are a beginner or have been crocheting for years, this group is for you. All experience levels welcome. Please bring your own supplies. Held every second Saturday, except holidays.

Hairston Crossing Library

4911 Redan Road, Stone Mountain, GA 30088 • 404.508.7170

Monday
May 15

1:00–3:00 p.m.

1-2-3 Color!

Color by numbers. Follow the instructions and color your masterpiece. Class limit 10. Registration required. Support provided by Friends of the Wesley Chapel-William C. Brown Library.

Wesley Chapel-William C. Brown Library

2861 Wesley Chapel Road, Decatur, GA 30034 • 404.286.6980

Tuesday
May 16

10:30 a.m.–Noon

Heirloom Plants

Learn about time-tested fruits, vegetables, and landscape plants to add to your garden. Presented by UGA-DeKalb Extension.

Redan-Trotti Library

1569 Wellborn Road, Lithonia, GA 30058 • 770.482.3821

Tuesday
May 16

11:00 a.m.–Noon

Access eBooks and News With Your Library Card!

Learn how to read eBooks on the Libby app and access newspapers and magazines from anywhere. Registration required.

Virtual Library

Check our online calendar at dekalblibrary.org/events for more info.

Tuesday
May 16

1:00–3:00 p.m.

Brush It On

Tap into your creativity and unleash your inner artist. Grab some paint and brush it on your canvas. Class limit 10. Registration required. Support provided by Friends of the Wesley Chapel-William C. Brown Library.

Wesley Chapel-William C. Brown Library

2861 Wesley Chapel Road, Decatur, GA 30034 • 404.286.6980

Wednesday
May 17

10:00 a.m.–1:00 p.m.

Aging Unbound: Senior Celebration of Older Americans Month

Enjoy a day filled with music, dancing, performances, games, and food. Registration required. Party limit 100. Free light lunch provided. For more information, call 404.508.7190, ext. 2257. Sponsored by DeKalb County Public Library, DeKalb County Human Services, and South DeKalb Senior Center. *Must be a member of South DeKalb Senior Center.*

South DeKalb Senior Center

1931 Candler Road, Decatur, GA 30032

Wednesday
May 17

11:30 a.m.–1:30 p.m.

Senior Assistance Resources

Learn about resources for assistance with medical bills, prescriptions, rent/mortgage, utility bills, and food. Krystonia McLean of St. Vincent de Paul Georgia will discuss these resources and more. St. Vincent de Paul Georgia is a statewide network of over 7,300 volunteers and professional staff that provide coordinated assistance to people in need. Registration required.

Stone Mountain-Sue Kellogg Library

952 Leon Street, Stone Mountain, GA 30083 • 770.413.2020

Wednesday
May 17

2:00–4:00 p.m.

Senior Game Day

Bring your friends or make new ones and join us for games and snacks. Open to first 20 participants. Funding and games provided by the Methodist Church of Stone Mountain and in part by Friends of the Stone Mountain-Sue Kellogg Library.

Stone Mountain-Sue Kellogg Library

952 Leon Street, Stone Mountain, GA 30083 • 770.413.2020

Thursday
May 18

11:00 a.m.–Noon

Senior Trivia

Test your knowledge of American history to win prizes. Support provided by Friends of the Northlake-Barbara Loar Library.

Northlake-Barbara Loar Library

3772 LaVista Road, Tucker, GA 30084 • 404.679.4408

Thursday
May 18

11:30 a.m.–12:30 p.m.

Senior B-I-N-G-O

Join us for fun and prizes as we play bingo. Class limit 15. Registration required. Support provided by Friends of the Wesley Chapel-William C. Brown Library.

Wesley Chapel-William C. Brown Library

2861 Wesley Chapel Road, Decatur, GA 30034 • 404.286.6980

Tuesday
May 23

10:30–11:15 a.m.

Coffee Filter Flowers

Make beautiful flowers using coffee filters, markers, and pipe cleaners. Support provided by Friends of the Salem-Panola Library. Registration required.

Salem-Panola Library

5137 Salem Road, Stonecrest, GA 30038 • 770.987.6900

Tuesday
May 23

11:00 a.m.–1:00 p.m.

Silver Screen Movies: *Going in Style*

Going in Style (2017). Rated PG-13. 1h 36m. Support provided by Friends of the Wesley Chapel-William C. Brown Library.

Wesley Chapel-William C. Brown Library

2861 Wesley Chapel Road, Decatur, GA 30034 • 404.286.6980

Tuesday
May 23

1:00–3:00 p.m.

Jigsaw Puzzle Swap

Bring one or two of your old puzzles to swap for new (to you) puzzles. Puzzle-themed Take & Make craft kits available for the first 30 participants. Make sure puzzles have all pieces before bringing them to the swap. Support provided by DeKalb Library Foundation.

Toco Hill-Avis G. Williams Library

1282 McConnell Drive, Decatur, GA 30033 • 404.679.4404

Wednesday
May 24

11:00 a.m.–Noon

Back to Basics Computer Skills

Learn or refresh basic computer skills. Topics covered: knowledge of computer parts, logging in to library PCs, navigating computer features, accessing the Internet, how to print, and more. Registration required.

Hairston Crossing Library

4911 Redan Road, Stone Mountain, GA 30088 • 404.508.7170

Wednesday
May 24

11:00 a.m.–Noon

Turning Ordinary Days Into an Extraordinary Retirement

Presented by Rachel Fiore. Set up a financial plan for the second half of 2023 using a set of everyday retirement guidelines. Registration required.

Virtual Library

Check our online calendar at dekalblibrary.org/events for more info.

Wednesday
May 24

11:00 a.m.–2:00 p.m.

1-2-3 Paint!

Paint by numbers. Follow the instructions and paint your masterpiece. Class limit 10. Registration required. Support provided by Friends of Wesley Chapel-William C. Brown Library.

Wesley Chapel-William C. Brown Library

2861 Wesley Chapel Road, Decatur, GA 30034 • 404.286.6980

Thursday
May 25

11:00 a.m.–Noon

Resistance Bands Exercise Class

Certified health and wellness coach Naomi Salberg will show how to use resistance bands to improve strength and stability. Equipment provided or you may bring your own bands. Registration required. Class size limited to 10 participants. Support provided by DeKalb Library Foundation.

Toco Hill-Avis G. Williams Library

1282 McConnell Drive, Decatur, GA 30033 • 404.679.4404

Thursday
May 25

1:00–2:00 p.m.

Senior Bingo

Come and enjoy music, light snacks, and Bingo! Open to 20 participants. Registration required. Support provided by DeKalb Library Foundation.

Lithonia-Davidson Library

6821 Church Street, Lithonia, GA 30058 • 770.482.3820

Friday
May 26

2:00–4:00 p.m.

Artsy Afternoon with Ms. Melva: Painting

Local artist and crafter Melva Warner will guide participants in creating miniature canvas paintings. Registration required. Support provided by DeKalb Library Foundation.

Northlake-Barbara Loar Library

3772 LaVista Road, Tucker, GA 30084 • 404.679.4408



DeKalb County Neighborhood and Multipurpose Senior Centers

The DeKalb County Human Services Department is celebrating Older Americans Month this May with in-person and free virtual programming for the county’s seniors. The 2023 theme is Aging Unbound, an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities. Events are free; registration is required.

Lou Walker Multipurpose Senior Center

2538 Panola Road
 Stonecrest, GA 30058
 770.322.2900

DeKalb-Atlanta Senior Center

25 Warren Street SE
 Atlanta, GA 30317
 404.370.7297

North DeKalb Senior Center

3393 Malone Drive
 Chamblee, GA 30341
 404.298.4461

Central DeKalb Senior Center

1346 McConnell Drive
 Decatur, GA 30033
 770.492.5461

East DeKalb at Bruce Street Senior Center

2449 Bruce Street
 Lithonia, GA 30058
 770.484.8759

South DeKalb Senior Center

1931 Candler Road
 Decatur, GA 30032
 404.286.7924

Older Americans Month was created in 1963 by President John F. Kennedy and members of the National Council of Senior Citizens as a way to honor the achievements of seniors. DeKalb County Public Library is celebrating Older Americans Month in May with lots of programs and other activities. The 2023 theme is Aging Unbound and the library invites seniors to join us in promoting flexible thinking about aging by using their library cards to access print and online resources, movies, health and recreational programs, technology classes, and much more as we celebrate seniors in May and the entire year.



a place to grow

